



Reform
Restore
Respect

Helping to reform, restore and gain respect for young adults...

PROJECT REPORT

2012 - 2013

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the
Tudortrust

The **co-operative** membership 
Community Fund





**Reform
Restore
Respect**

Helping to reform, restore and gain respect for young adults...

REFORM RESTORE RESPECT

"I DIDN'T KNOW THAT!"

ANTI CRIME, EARLY INTERVENTION WORKSHOPS

FEBRUARY 2012—JULY 2013

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The remainder of the report comprises all feedback letters and evaluations forms received from those venues which provided them

"I DIDN'T KNOW THAT!" - EARLY INTERVENTION INITIATIVE

Reform Restore Respect launched its community-based project "I Didn't Know That!" in March 2012 after the charity incorporation in February 2012. In response to feedback from Mid-Kent College Campus at City Way and Maidstone, in 2008 a Lecturer in Decorative Occupations wrote that '*As far as I am concerned if these guys come in and help just one, then it's one life that we have saved from going down the wrong road*'. Another Instructor for Wood Occupation wrote that "*I thought that the prison talks were very good, very realistic and worthwhile for the students. My class felt that the prisoners told the true story and made the idea of prison not a nice place to end up, a real revelation!*" In addition to the impact of the above workshop in 2008, having previously seen a very effective workshop in a young offender unit by an organisation called Outside Chance in 2001, I decided to develop my own early intervention strategy "...I Didn't Know That!....", an early intervention and diversionary project delivered in Kent, Medway, East Sussex, West Sussex, Essex and Surrey schools, Colleges, Pupil Referral Units, youth centres, community groups, YOT, prisons and the Probation Service.

Our aim is to help vulnerable people achieve in schools without turning to offending and raising awareness about the importance of education. They **KEY MESSAGE** in all of our workshops is "**education is the key**" and NOT the life of crime. We promote, motivate, inspire and encourage vulnerable people to realise their self-worth, gift and how talented they are to be successful individuals regardless of their emotional and social circumstances.

Our workshops is to support the work of the police, probation officers, YOT, social workers, school teachers and other third sector organisations in the community. The workshop is suitable for delivery in PSHEE or citizenship lessons for primary school Year 6 pupils before their transition into secondary schools and Year 7-11 in secondary schools as well as sixth forms and colleges. The workshop can also be used as the basis for extra-curricular activities or carousal days.

The project itself was developed from a prison-based project in HMP Blantyre House. The project was initially designed for the impressionable age groups as it is very easy for young people to take the wrong path in life, especially in the current climate of our society. Focusing on "Your Choices in Life" and discussing on what is really like to be in prison or having a criminal record opens young people's eyes and mind-set. Our workshop is aimed at educating young people in regards to environmental anti-social behaviour, focusing on social responsibilities; crime diversion; attitudes and consequential thinking, all of which are aimed at deterring young people at risk of offending or re-offending from entering the Criminal Justice System. We seek to help young people achieve their full physical, intellectual, social and spiritual potential as individuals, as law-abiding citizens and as members of their local community.

In Kent, by special arrangement with the prison, we are able to bring in two serving female inmates from HMP East Sutton Park to describe how they became drawn into crime, the impact that their criminality has had on their children, families and friends and how they are now trying to rebuild their lives in time for release. The life stories of ex-offenders, who have first-hand real life experience of being involved in gang-related crimes, armed robberies, serious violence, drug and alcohol abuse and drug dealing, are used to impact the young people in a positive way. We are also the only organisation of whom we are aware in the Kent region who are allowed to bring serving inmates into schools and youth groups to discuss the impact that a criminal record and a prison term has had on not only their lives but also the lives of the families and children. This facility is provided by unique arrangement with HMP East Sutton Park, an all-female facility.

As we were incorporation in February 2012 as a new Charity, by this time the schools were already half-way through the academic year. We have reached our target for our community-based project which the target was set at **2,000 – 5,000+** pupils and young people in our first year of 2012/2013 as we only launched the charity in February 2012.

All the feedback received from all the young people, professionals and the venues we have visited is very positive and encouraging and it is clear that our services are needed in the community, valued and they are prepared to use us again.

In addition, we have PC John Brooker interest to join our Board of Trustees endorsed by Kent Police Area Commander which we hope will help us access more school students in time.

REFORM RESTORE RESPECT - MASTER VENUE SPREADSHEET - FEBRUARY 2012 TO AUGUST 2013

	ATTENDEE	SCHOOL/ORGANISATION NAME	ADDRESS 1	ADDRESS 2	CONTACT NAME	CONTACT TELEPHONE No.	WORKSHOP DATE	ATTENDEES	WORKSHOP RUNNING TIMES	SUBJECT
4	BOOKING/AREA									
5	WALTHAM FORES	BREAK THE MOULD	6 Verulam Avenue	Walthamstow, E17 8EP	JOE PITKIN	7608530852	1st March 2012	85	17.00-21.00	Anti-Crime
6	TUM/WELLS	K-COLLEGE	Unit 10, Kingstanding Way	Tunbridge Wells, TN2 3UP	AMANDA SHEER	7901821327	19th/23rd March 2012	100	09.00-15.00	Anti-Crime
7	CANTERBURY	THE WILLOW'S PRU	City View	Canterbury	SUE BARNES	01227 781548	26th March 2012	12	13.30-15.00	Anti-Crime
8	TONBRIDGE	ARC PRU	Old Fire Station,	Castle St, Tonbridge	TRACEY WINTON	7818263058	17th April 2012	10	13.30-15.00	Anti-Crime
9	STAPLEHURST	OAKFIELDS EDUCATION PRU	Cranbrook Rd,	Staplehurst, TN12 0ER	ELAINE SEAR	0203 2283200	20th April 2012	11	13.30-15.00	Anti-Crime
10	FAVERS HAM	THE ABBEY SCHOOL	London Road	Faversham, ME13 8RZ	HELEN PAGE	01795 532633	18th/24th May 2012	900	09.00-15.00	Anti-Crime
11	MAIDSTONE	SVADELANDS SCHOOL	Ham Lane, Lenham	Maidstone, ME17 2LL	SHARON SPILLER	01622 858267	31st May 2012	892	09.00-15.00	Anti-Crime
12	HARINGEY	RISE/EMPOWERMENT	Brewery Youth Centre	67sa Tottenham High Rd	PATRICIA FLEDD	7964687143	8th June 2012	100	10.00-16.00	Anti-Crime
13	MAIDSTONE	HMP EAST SUTTON PARK	Sutton Valence	Maidstone, ME17 3DF	DEBBIE LEACH	1690213200	27th July 2012	95	13.00-16.30	Desistance
14	MAIDSTONE	OAKWOOD PARK GRAMMAR SCHOOL	17 Garden Road,	Maidstone, ME16 8AH	FARZANAH RAHIMHALAWON	01622 726683	27th September 2012	540	13.30-15.00	Desistance
15	TUM/WELLS	TUNBRIDGE WELL PROBATION	London Road	Tunbridge Wells, TN1 2XP	EMILY RUTLAND	3000473000	8th November 2012	13	11.00-12.30	Desistance
16	FAVERS HAM	THE ABBEY SCHOOL	London Road	Faversham, ME13 8RZ	HELEN PAGE	01795 532633	9th November 2012	360	09.00-15.00	Anti-Crime
17	TONBRIDGE	HAYESBROOK SCHOOL	Brook Street	Tonbridge, Kent	DAVID ROWE	01732 500600	16th November 2012	32	09.30-11.00	Anti-Crime
18	TUM/WELLS	K-COLLEGE	Unit 10, Kingstanding Way	Tunbridge Wells, TN2 3UP	AMANDA SHEER	7901821327	18th March/16th April 2013	30	11.00-12.30	Anti-Crime
19	RAMSGATE	MARLOVE ACADEMY	Stirling Way	Ramsgate, CT12 8MB	SARAH GRANGE	01843 893266	2nd May 2013	720	09.00-15.00	Anti-Crime
20	NEW FOMMEY	THE MARSH ACADEMY	Station Road	New Fomney, TN28 8BB	REBEY HARRIS	01737 364593	10th May 2013	720	09.00-15.00	Anti-Crime
21	SEVEDAKS	EDENBRIDGE PRIMARY SCHOOL	High Street	Edenbridge	SHARON GARRETT	1732863787	12th June 2013	32	13.30-15.00	Anti-Crime
22	MAIDSTONE	ARCHBISHOP COURTEMAY PRIMARY SCHOOL	Eccleston Road, Tovil	Maidstone, ME16 5QN	TRACEY GOODING	1622764666	13th June 2013	32	13.30-15.00	Anti-Crime
23	DARTFORD	BEAN PRIMARY SCHOOL	Sehool Lane, Bean	Nr Dartford, DA2 8AV	JAYNE BINDRA	1474833225	21st June 2013	24	13.30-15.00	Anti-Crime
24	ASHFORD	THE NORTH SCHOOL	Essella Road	Ashford, TN24 8AL	GINA HAPF	01233 614600	2nd July 2013	360	09.30-13.00	Anti-Crime
25	LEYTONSTONE	EASTSIDE RANGERS FC	Wansted Playing Fields,	Harrow Rd, E11 3DD	JOHN HEMSAH	7939386892	21st August 2013	159	12.00-17.00	Anti-Crime
26	44-13						TOTAL NUMBERS OF KENT AREAS VISITE			
27							9 04 13			
28							TOTAL NUMBERS OF ATTENDEES:	4432		

"I DIDN'T KNOW THAT!" - THE FUTURE

Our anti-crime initiative drew to a close in July 2013 for the schools summer holidays having been seen by **4,438** young people and resume again in September 2013. Whilst Reform Restore Respect continues to grow across Kent, we will, in time, expand to Surrey, Sussex and Essex. In the current fierce economic climate, we are facing difficulty in funding streams. It costs us around £60k a year to run the Charity. The largest expense being around renting an office, wages, pension and NIC for our small team of qualified staff. Our income from workshops bring us in an income of around £4k a year – leaving us to find a further £56k a year by grant awards and donations to balance our books. We have been very grateful so far for the number of local people, funders and professionals that have supported us with physical help or donations In particular Kent People's Trust, Co-operative Membership Community Fund, Dr Peter Green and Dr Sally McLachlan. Also we have been fortunate to be awarded with 50% of our core funding from The Tudor Trust which we are increasingly working hard in fundraising to match-fund.

We will continue to deliver hard hitting, anti-crime awareness workshops in schools carousel/PSHEE focus days, Youth Centers and Pupil Referral Units. Whilst our project is not a curriculum subject, in many of the schools and college we visit, we are now identified as part of their 'Staying Safe' or 'Safety in the Community' agendas and endorsed by Kent Police. Reform Restore Respect will continue to be natural affinity with Outside Chance and its CEO Ian Ross. Outside Chance is like an older sister organisation to Reform Restore Respect and both charities have a mutual understanding and respectful working relationship which will not permit us to 'step on each other toes' although we are happy to work together in equally beneficial partnerships. Reform Restore Respect has no resistance to working in partnership with similarly minded organisations, since there are, in our opinion, by and large there are not enough agencies working in the area of crime prevention.

There is a clear and identifiable need for our services. In the community, our objective is to inform and educate young people in schools with regard to laws surrounding youth crime, the consequences of a police caution and the impact of a criminal record and a prison term on their futures to enable them to understand the importance of education. This hard hitting workshop is delivered with "real" serving prisoners who are released for the day on a special arrangement with the Prison Service.

"DESIST—THERE'S LIFE AFTER CRIME" - THE FUTURE

Francis Osei Appiah, the charity's CEO and Presenter, has a personal and painful experience of serving a lengthy prison term and uses his experiences of time in detention and the notion of desistance to bring home the harsh reality of life in prison and crime in our workshops. The Founder has first-hand experience of falling in with the 'wrong crowd' which escalated from petty to extremely serious crime, of coming through the young adult and then adult prison estates and of he used his time in detention to improve his education and his job opportunities on release. These are all major factors which resonate with offenders whom we meet in our project. "Desist – There's Life After Crime" is our preventative version of the anti-crime workshop "I Didn't Know That!" for the schools but, this is carefully structured for offenders in prison, offenders released from prison who report to their offender managers in the probation service and those sentenced to community orders by the Courts. This workshop is also endorsed by Kent Probation Service as they were the first to pilot it in their Tunbridge Wells Office and HMP East Sutton Park. However due to the changes announced by the government which the Probation Service is going through currently has brought advancing this workshop across Kent Probation Offices to a halt until the new changes have taken effect. Similarly, HMP Blantyre House and HMP East Sutton Park which are overseen by the same prison governor have been going through cutbacks and re-structure. We hope to resume this service for both Kent Probation and the 2 prisons soon. In time, we hope to expand this service to HMP Rochester as well. We seek to help offenders achieve their full physical, intellectual, social and spiritual potential as individuals, as law-abiding citizens and as members of their local community. Reform Restore Respect and Francis shed revealing and critical light on 'desistance'.

"I DIDN'T KNOW THAT!" - ANTI-CRIME SCHOOLS PROJECT

We have analysed 600 feedback forms completed by students across Kent venues following the anti-crime workshops. The percentages have been rounded off to the nearest whole +/- number.


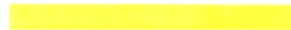


Overall, what did you think of today's workshop?

Very Helpful	57%	340 of 600	
Quite Helpful	39%	241 of 600	
Not Helpful	2%	10 of 600	
Waste of Time	2%	9 of 600	




Would you recommend this workshop to your friends and fellow students?

Yes	96%	574 of 600	
No	4%	26 of 600	





I understand more about how young people get involved in crime

A lot more	45%	267 of 600	
Quite a bit more	39%	234 of 600	
A little more	14%	85 of 600	
Not at all	2%	14 of 600	





I understand more about what happens when you get caught, cautions, getting arrested, etc

A lot more	58%	345 of 600	
Quite a bit more	30%	180 of 600	
A little more	11%	66 of 600	
Not at all	1%	9 of 600	

I understand more about what it means to my future if I get a criminal record

A lot more	59%	355 of 600	
Quite a bit more	29%	170 of 600	
A little more	10%	59 of 600	
Not at all	2%	16 of 600	

I understand more about what it would be like to be in prison

A lot more	58%	349 of 600	
Quite a bit more	31%	185 of 600	
A little more	9%	50 of 600	
Not at all	2%	16 of 600	

Do you think that this workshop will make you feel more confident to make the right choices if you are tempted to break the law?

A lot more	56%	333 of 600	
Quite a bit more	32%	195 of 600	
A little more	9%	53 of 600	
Not at all	3%	19 of 600	

**"I DIDN'T KNOW THAT!" - ANTI-CRIME
SCHOOLS PROJECT 2012-2013 STUDENT COMMENTS—1**

"The workshop was helpful and it will stop me from being a criminal"

"I enjoyed the workshop. There should be another one."

- The Marsh Academy

"Absolutely amazing and interested"

"He was excellent! He was a really good presenter and now I understand more. I have a lot of respect for him."

"Emotional"

"I found your story touching"

"It as really touching to hear his story and it really opened my eyes to crime and how horrible life in prison would be"

"I think this has made me think about crime a lot. It has definitely given me something to think about"

"I thought it was useful because it tells you not to hang around with people you want to impress them"

"Very much detail and helpful"

"It is good to hear it from someone who actually did it instead of someone making it up"

"This workshop was helpful and helps you make the right choices"

"It made me realise what prison are really like on the inside.

- K-College

Very well set out and very informative. It was all based on real life experience so was very realistic"

"It has helped and realised not to get involved in crime, so it's been helpful. Yeah I would recommend it to my mates!"

"Visual walk through, lifestyle, actual facts, the reality, behind the scenes/case,

- Oakfield Education Unit

information & feedback. I would tell friends/family about the experience and key information, I've learn.

I appreciated this workshop and information provided."

"I was made to think about the consequences of my actions. I will tell my friends about the workshop."

"What life was like in prison, bullying, peer pressure. Francis you are awesome"

- The Willows Pru

"I learnt about what it is like in prison and how a criminal record could change your life".

"How to avoid getting into trouble and avoid peer pressure and what prisons are really like"

- The Abbey School

"Would recommend to friends has helped a lot made me think about a lot things."

Original Student Evaluation Forms from which the above comments
were extracted can be viewed at our offices on request

**"I DIDN'T KNOW THAT!" - ANTI-CRIME
SCHOOLS PROJECT 2012-2013 STUDENT COMMENTS—2**

"It made me realise what prison are really like on the inside. Very well set out and very informative. It was all based on real life experience so was very realistic"

"It will help me in future to not be peer pressured and not to break the law"

- The North School

"Francis is an absolute legend and he is inspirational"

"The workshop was helpful and it will stop me from being a criminal"

"It helped me understand a lot more about crime but it was so strong and real and made me think of my families past which made me cry"

"Enjoyed it, learnt a lot more what it can do to yourself. Francis great person"

"It was really cool and Francis has made me realise how important it is to be good"

"A lot of respect for Francis and would like to say thank you to him, but he did upset one of my fellow friends whose family member is in prison"

"Well presented"

- Bean Primary School

"I really enjoyed Francis talking about his experience"

"Thank you Francis for coming into our school. I have learnt a lot today"

"Very good and interesting. Francis is a amazing presenter"

"Francis is an excellent presenter and taught me a lot and made me think more - thanks!"

"I really enjoyed it! I wish I never go to JAIL"

- Archbishop of Courtenay primary school

"Very Fantastic"

"I really enjoyed today. Nice meeting you. Thank you for a lovely lesson"

"I really enjoyed it and told me how bad having criminal record is"

"It was inspiring, interesting and I'll be careful of what I am doing in the future"

"To be more observant to your friends in secondary school"

Original Student Evaluation Forms from which the above comments
were extracted can be viewed at our offices on request

**"I DIDN'T KNOW THAT!" - ANTI-CRIME
SCHOOLS PROJECT 2012-2013 STAFF COMMENTS—1**

"Hi Francis, I have spoken to some of the older Young People who attended to ask how they found the day. They said that they it was wicked!!! They had a big debate about you and told all of the other guys that your presentation was awesome. They wanted to hear more. I am organizing another event later this year. I will also look at taking the programme across to South London. It would be great if you and colleagues from Reform Restore Respect would continue to be involved".

- Senior Employment Consultant at RISE EMPOWERMENT

"The sessions were fantastic – all delivered by very talented people with a professional attitude. The students really enjoyed the event which is highlighted by the evaluation forms each student completed at the end of the day. As a suggestion I would structure the day so that the motivational speakers were the last workshop so students can reflect on the other two sessions. I would also try and get students up out of their chairs and active a bit more to encourage participation. I would like to take this opportunity to thank everyone involved in the day with particular thanks to Francis Osei-Appiah for being such a help with arranging the day. I will definitely be recommending the workshop to colleagues at other campuses and colleges".

- K-College

"Great day – excellent presenting. The three workshops were well received, and the students were engaged throughout. There were some very honest talks / questions and answers and some emotive experiences shared. The students were impressed by the young performers and appreciated their honesty and openness. My only thought on improvement would be to make the sessions as interactive as possible – these particular students are all students who learn by doing! Thank you for an inspirational day – I look forward to sending you their feedback!"

- K-College

"Dear Francis

THANK YOU the students thought that you was 'awesome'. I have already started to spread the word locally so expect some calls. Feedback forms in the post have an enjoyable Easter. Look forward to meeting you soon".

- The Willows Pru, Canterbury)

"Thanks for this afternoon, you did a brilliant job and the kids really engaged. It has opened my eyes as well and made me weep as I have a son who went to prison and to now know and understand what he went through. It was Brilliant thank you".

- Adolescent Resource Centre

"Thank you for coming this morning. We all enjoyed your talk immensely. My colleague says the applause was pupil led! Very interesting workshop, thought provoking for the students. One pupil was concerned about the violence, another by the discussion of alcohol. One concern of mine was the mention of the things prisoners do to make weapons from razors as many of our young people are self-harmers. However, overall, the talk was very relevant to the age group of pupils we have. It would have been good to have a female here to give a perspective of life in a woman's prison. Overall, thank you – a great workshop. I will write a report to our Head teacher and hopefully we will see you again in the future".

- Oakfield Education Unit

**"I DIDN'T KNOW THAT!" - ANTI-CRIME
SCHOOLS PROJECT 2012-2013 STAFF COMMENTS—2**

"Brilliant, I am sure this will give our pupils a better idea of the consequences of a life in crime and help them to make informed and correct choices" - **Archbishop of Courtenay primary school**

"The Q&A session was very helpful where the presenter was able to share his life experience" - **Archbishop of Courtenay primary school**

"Thank you so much, we really enjoyed and learnt so much today. As a youth worker we work so hard to try and keep our young people on a level path. I hope that I will be able to introduce you to our youth centres and secondary schools as I really feel it would benefit them"

- **Archbishop of Courtenay primary school**

"Very inspiring and clearly from the heart. The students got a lot out of it. Thank you"

- **The Marsh Academy**

"Extremely interesting for pupils with an important message for their future" - **The Marsh Academy**

"Very interesting - real life, relevant examples. Important message to students. Interesting - good mixture of speaking, video clips and images" - **The Marsh Academy**

"I found this workshop very informative and beneficial for the young people. I think that it was very honest and the presenter did not glamourize his past lifestyle. I think that the students found this workshop interesting and informative. I hope that it will give them a lot to think about and that it will make them think about the consequences of their actions" - **Marlowe Academy**

"Fantastic presentation! Key stage 4 students completely engaged" - **Marlowe Academy**

"Great presentation, students were brilliant which is testament to the presenter. Relevant and current. Look forward to the next time! " - **Marlowe Academy**

"This was a fantastic opportunity for the students to get a true insight of what prison is all about. Francis was truthful and answered all questions that students asked. All students were engaged with the presentation. We want him back at our school!!" - **Marlowe Academy**

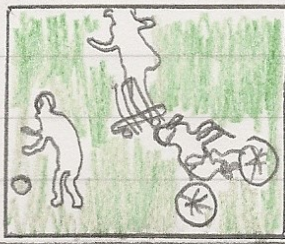
Original feedback/evaluation forms which the foregoing comments
were extracted can be found in this report.











Reform.
Restore.
Respect.

[Redacted]
Bear Primary School
Bear
Dartford
Kent
DA2 8AW
03-07-13

Dear Francis,

I am writing to you to say a huge thank you also to let you know how well you explained your life in detail. You are extremely brave to of stood up in front of twenty four children and tell us about you personal life for example, going to court with police and being sentenced to prison for nine ~~days~~ ^{years}!

RRR, Reform, Restore, Respect is a great idea to help children like us understand first hand experience, in the tremendous anti-crime workshop.

The second I met you I thought that you would never of been to prison, but once you told us that you had been sentenced there for 9 years, I couldn't believe it, I thought my eyes and ears were playing tricks on me.

The thing I especially enjoyed about the amazing workshop lead by an amazing man was the way that you spoke up and understood us. You took your time in life to help children have a better future, also I liked it when you made us feel in prison! It must of been hard for you to do all of these things...

Finally I would like to THANK YOU once more, and I wish you all the best for the future.

Yours Sincerely

[Redacted]
(Year 6 student)

Dartford

Kent

DA2 8AW

03-07-13

Dear Francis,

I am writing to you to say how much I enjoyed your workshop. Personally the workshop you did was the most enjoyable I've ever had, because it's very interesting to know about crime in London and how you can easily get caught up in wrong things.

The most unbelievable thing is you got nine years for hanging around the wrong people, imagine how much longer you would of got if you had done crime, it made me think about hanging around with the wrong people.

You are very good at your job, I could hear every word you said and there were about 50 questions, and they all got answer.

After listening to you it has made me want to achieve my goal to become a football player and I think

Reform

Restore

Respect

is a great charity

Your sincerely

THANK you!

[REDACTED]
Bear primary school
Bear
Dartford
Kent
DA2 8AW
03.07.13

Dear Francis,

I am writing to you to say a huge thank you for coming in to perform a exiting work shop! I thought it was a very interesting work shop. I thought it was very exiting to find out about how it was like in the prison. I enjoyed about finding out about what things you can do in there e.g. exercising room.

My opinion is that I agree about you should be your self and don't get involved in any silly things. When you said about you ~~said~~ have been in prison I felt unsure but I soon enjoyed it!

It was good to find out about animals. You are a really nice person. Your personality is really nice too. I do not seem like you have been in prison. - because you are a nice person. I think it was very interesting and exiting.

Thank you thank you.

Your sincerely
[REDACTED]

Dear Francis,

I am writing to you to say thank you for that brilliant workshop. You had guts to stand up and say what you did wrong to tell us that, don't do that because this will happen to you.

I thought what you do is amazing (you're basically saving people's lives). The workshop was amazing how you stood up to what was wrong, then you changed your life around, to be an amazing man.

Francis you got through to everyone we all listened to what you had to say, especially when someone like you has been in prison, standing up in front of the class room made us understand more about, when you do something wrong the cruelty you get. Thank you Francis!

yours sincerely



P.S I want to be a football player and being naughty won't stop me!

Doing the
right thing!

Reform
Restore
Respect

Helps young
children!

[Redacted]

Bear Primary School
Bear
Dartford
Kent
DA2 8AW

Wednesday 3rd July 2013

Dear Francis,

I'm writing to let you know that what you are doing is amazing, it is everybody's dream to know what prizon is like, I would have to say it was the most intresting workshop throughout seven years at Bear Primary. My real opinion is its wonderful what you're doing and I think all the children you have talked too would have different Opinion on things you have mistaken in your life.

Now your probley thinking that I'm just being polite, but no everythink I am saying is from my heart, also I would just like to say that you are a brilliant spokesman and every-one in class never thought you were a prisoner and in this class everyone thinks you have change.

Also all the things you've told me is that you shouldn't be ashamed of who you are! Well now I feel that crime is intresting, but it can mess up your dreams and ambitions! I wish you a happy life!

Yours Sincerely

[Redacted]

XX

REFORM
RESTORE
RESPECT

Bean primary school

Bean

Dartford

Kent

DA2 8AW

03.07.13

Dear Francis,

I am writing to you to tell you how your workshop has made a massive impact on my life to staying out of trouble.

I think you are very brave to share your story, but also taking your sentence. I was so interested that I searched Mark Lambie as soon as I got home after the workshop. The workshop was great and I learned a lot from it.

The most important part is for you to keep going to schools and encourage ^{them} to stay out of trouble because everyone in year 6 thought you were great!

Thank you very much Francis

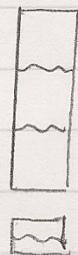


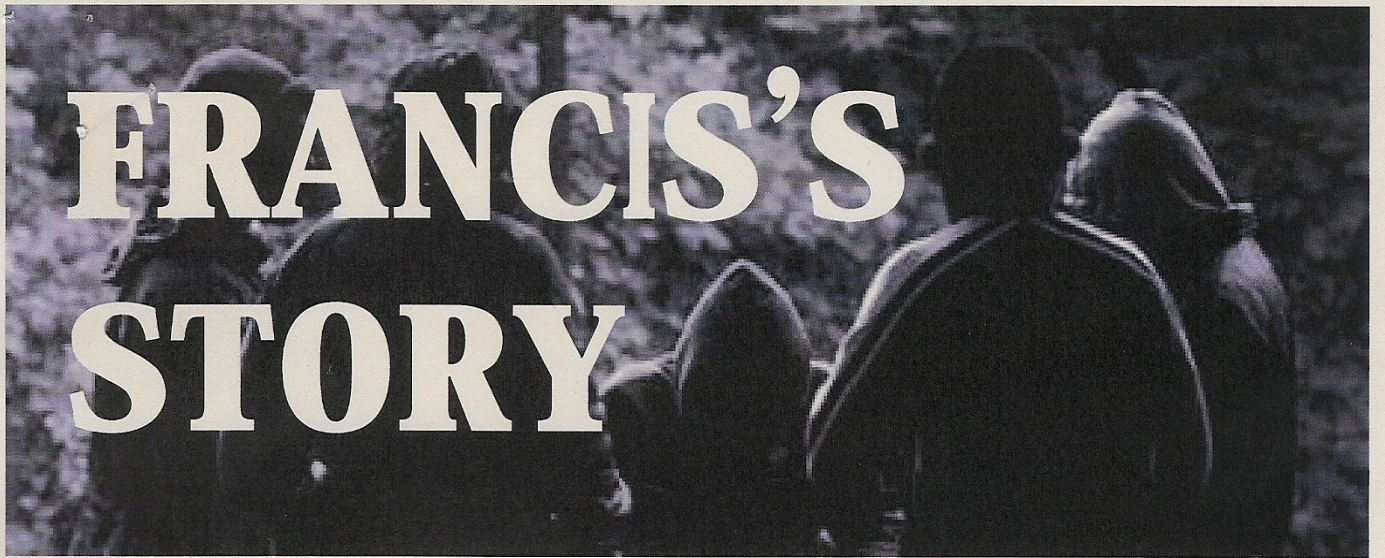
155

Yours sincerely



THANK
YOU





A former gang member has set up a charity where he delivers presentations to others to help them steer away from a life of crime.

Francis, a notorious gang member has spent nearly a third of his life in prison after committing a serious offence. He has set up a charity to tell others about his offending, his experiences of prison and how he has improved his life chances, to inspire others to do the same.

Francis's story begins when he was only a very young boy. At the age of seven he moved to the UK from Africa. At school the other children bullied and teased Francis. He felt like an outsider.

In his teenage years, Francis decided to join a gang. This gave him a new sense of belonging and also made him feel like people were looking up to him. He says that he was totally caught up in the gang.

"I knew what I was doing in the gang was wrong. My parents hadn't brought me up that way, but I just put up shutters to the crime and switched off to get through it. I was basically living the movie the 'Godfather'. There were drugs and there were guns. I didn't know how to break away."

Francis did finally manage to break away but it came at a huge price. The courts had convicted him of a serious offence and they had sentenced him to 14 years in prison. Going to prison for the first time was a huge shock from Francis. Inside and with lots of time to think about his actions, he came to the decision that he never wanted to end up in prison again and he certainly didn't want to rejoin the gang he had been part of.

Instead, Francis wanted to use his time constructively and started studying for a degree in social work. This meant that when the parole board finally released him on a licence with Kent Probation, and having graduated, he was able to find a job in a residential unit for clients with learning disability.

Still full of determination, Francis started as a Support Worker and worked his way up to a management position within a few years.

While enjoying his new found success, Francis was not content with having turned his life around, but he also wanted to help others like him.

He founded a charity 'Reform, Restore and Respect'. The work of 'Reform, Restore and Respect' is a multi-strand strategy involving both preventative and responsive elements. The Charity's aim is to reach young people and adults who may be involved or about to be involved in criminal activity or join gangs. The Charity also advises the already convicted of the consequences and ramifications of being involved in serious criminal behaviour. The Charity has a desistance element at its core with practical and advisory strands as well. The work of the Charity includes presentations by serving prisoners which adds to the legitimacy of the interventions.

His Probation Officer was aware of Francis's early intervention work and asked him if he would also present to a group of other offenders on the Reducing Re-offending specified activity requirement. The idea was that as a fellow peer the group were more likely to listen to him and to also see him as a role model, something they too could aspire too.

Francis delivered his first presentation to the Tunbridge Wells group in 08/11/12. The first presentation went really well and a number of offender managers commented how some of the group members who had not really spoken before, had really opened up when Francis was presenting. Emily Rutland co-facilitator of the SAR said:

"I worked with Francis earlier in his sentence in 2008 when he completed the Think First programme which I was facilitating. From the start it was apparent that he had already committed and taken steps to addressing his behaviour, and was pursuing his desire to use his experiences to assist others. It was therefore a real pleasure to be approached by his Offender Manager regarding Francis facilitating a guest speaker session within our Reducing Reoffending Specified Activity. I observed this session and admired his honesty with the group and his clear passion to impart his own experiences and learning in order to aid desistance in others. Francis had also invited two serving prisoners to talk to the group about their circumstances, and together the three of them highlighted some of the finer, less attractive details of serving a custodial sentence, such as sharing a room with others and having to use the toilet facilities in front of them.

Francis has a good grasp of the factors contributing to offending and how best these may be addressed. He is also realistic, in that he understands an individual's motivation for change cannot be rushed and he talked to me about his satisfaction in knowing that an individual may reflect on his work at a later stage rather than in the present moment."

Francis is now inspired to deliver more presentations to these groups, and is working with the Central and West Kent team to discuss any future possibilities. He is keen to expand his work within Kent Probation and would consider other opportunities that arose within the organisation.

Francis said: "As a gang member I was lucky that I didn't end up dead. I am truly grateful to have the opportunity to share my experiences with others and to help them to see that they too can turn their life's around as I have done."

Francis's website is www.reformrestorererespect.org



SWADELANDS SCHOOL

A Specialist School and Sports College
Headteacher: Richard Beckley BEd NPQH



The Schools Network™
The Specialist Schools and Academies Trust



28 May 2012

Dear Parent/Carer

PSHEE - Anti-Crime Workshops

I am delighted to inform you that we have managed to secure the Drama Group 'Reform, Restore, Respect' to present Anti-Crime workshops to all students in Years 7, 8, 9 and 10.

The workshops are a hard-hitting look at the choices young people are faced with and the potential impact on them if they make the wrong choice. Features covered are based around;

- Peer pressure, Gangs, Choices, Consequences
- Youth Offending
- Prison Life

Within the workshops the students are spoken to by a couple of 'offenders' that are in the criminal justice system, but are towards the end of their sentences and doing youth engagement projects.

The school has been providing a series of different workshops around safety for our students to engage with. We have to-date covered areas such as rail safety, car safety and e-safety. We hope that they benefit from this opportunity.

Should you have any concerns please contact either Mrs Iglinski (Head of PSHE) or Miss Spiller at the School.

Yours sincerely

S Spiller

Sharon Spiller
Deputy Headteacher

Safets/adminletters2011-12/PSHEE Anti-CrimeWorkshops28May12

Ham Lane, Lenham, Maidstone, Kent ME17 2LL

Main Reception 01622 858267

Fax 01622 850668

Finance Officer 01622 854712

Student Services Reception 01622 854711

Attendance Officer 01622 854713

Email: admin@swadellands.kent.sch.uk

Website: www.swadellands.kent.sch.uk





**Kent
Police**

Protecting and serving the people of Kent

Francis Osei-Appiah
Reform Restore Respect
43 Albion Way
Edenbridge
TN8 6JQ

**Jon Kirby
District Chief Inspector
West Division**

Direct Line: 01732 379276
E-mail: jon.kirby@kent.pnn.police.uk
Date 25 July 2013
Our Ref: JK/ag

Dear Mr Osei-Appiah

PC John Brooker

Thank you for your letter dated 30 May and I apologise for the delay in replying.

I confirm that I have no problem with PC John Brooker joining your board of Trustees and am happy for him to do so.

I wish your charity well for the future.

Yours sincerely

**Jon Kirby
District Chief Inspector
Tonbridge & Malling**

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

Professionals Feedback (Your feedback is vital for us in continuing our services)

Such as:

- General feedback of the workshop, presentation from Presenter(s) and the inspirational work for the community
- Any learning opportunities for Reform Restore Respect.
- Comments on contribution by Reform Restore Respect towards community safety, reducing offending and deterring future offending
- Comments on any scope for supporting Reform Restore Respect or working together in partnership

Very interesting - real life, relevant examples.

Important message for students

Interesting - good mixture of speaking, video clips, images.

NAME: ... Mrs. N. Palmer

PROFESSION/ROLE: ... Teacher

EMAIL/CONTACT:

ORGANISATION: ... Marsh Academy

DATE: ... 10/5/13

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I found this workshop very informative and beneficial for the young people. I think that it was very honest and the presenter did not glamourise his past lifestyle.

I think that the students found this workshop interesting and informative. I hope that it will give them a lot to think about and that it will make them think about the consequences of their actions.

NAME: Ebanie Xavier-Cope.....

PROFESSION/ROLE: Teacher of Music.....

EMAIL/CONTACT: ebanie.cope@marloweacademy.co.uk
ebanix@yahoo.co.uk

ORGANISATION: Marlowe Academy.....

DATE: 2nd May 2013.....

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Fantastic presentation! Key Stage 4 Students completely engaged.

NAME: John Dillon

PROFESSION/ROLE: Head of House

EMAIL/CONTACT: john.dillon@marloweacademy.co.uk

ORGANISATION: Marlowe Academy

DATE: 02 . 05 . 13

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-

Great presentation, Students were brilliant which is testament to the Presenter. Relevant and Current. Look forward to the next time!

NAME: Ashley Cox

PROFESSION/ROLE: Head of Saturn house

EMAIL/CONTACT: Ashley.Cox@marloweacademy.co.uk

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Thank you so much, We really enjoyed and learnt so much today.

As a youth worker we work so hard to try and keep our young people on a level path.

I hope that I will be able to introduce you to our youth centres and secondary school as I really feel it would benefit them.

NAME: Kim Kirby

PROFESSION/ROLE: Youthworker / T.A

EMAIL/CONTACT: kkbairley74@gmail.com

ORGANISATION: Woodin youth centre / Lordswood youth centre

DATE: 13/06/13

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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Brilliant, I am sure this will give our pupils a better idea of the consequence of a life in crime and help them to make informed + correct choices.

NAME:

Tracy Gooding

PROFESSION/ROLE:

Family Liaison Officer

EMAIL/CONTACT:

tgooding@archbishopcourtenay.sch

ORGANISATION:

Archbishop Courtenay Primary

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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- Comments on any scope for supporting Reform Restore Respect or working together in partnership

The Q & A session was very helpful where the presenter was able to share his life experiences.

NAME: Ana Harris

PROFESSION/ROLE: YR6 Class teacher

EMAIL/CONTACT: aharris@archbishopcourtenay.kent.sch.uk

ORGANISATION: Archbishop Courtenay School

DATE: 13.06.13

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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* Great ~~ten~~ communication with children - all engaged & responsive. Good interaction & atmosphere in classroom, positive delivery of objectives & aims. Thank you!

Learning Opportunities - good pointers for transition to secondary school & ideas for further learning in P.S.H.E.

We would welcome the opportunity to work with R.R.R. in the future.

Many thanks!

NAME: Jayne Bindra

PROFESSION/ROLE: Class Teacher (Year 6)

EMAIL/CONTACT: jaybindra@hotmail.com

ORGANISATION: KCC

DATE: 21.06.13

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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The session was a very interesting insight into prison life.

The children were all really engaged and asking questions. The structure would have benefitted from these questions being relevant to the slide/stage of the presentation.

The topics at the end were really useful: bullying, gangs, etc. More time on this would have been great. ^{consequences of a record}

NAME: Sarah Osborne

PROFESSION/ROLE: Grants Officer

EMAIL/CONTACT: sarah@kentcf.org.uk

ORGANISATION: Kent Community Foundation

DATE: 2/7/13

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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Thank you Francis for the opportunity to sit in on your Workshop.

You engaged well with the young people who I can see learnt a lot.

I wonder whether you have videos of your presentations to learn about areas of strengths and parts that you feel could be improved upon.

NAME:

Andrew Everett

PROFESSION/ROLE:

Fund Manager

EMAIL/CONTACT:

andy@kentcf.org.uk

ORGANISATION:

Kent Community Foundation

DATE:

2/7/13.

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Francis's presentation never fails to engage pupils. His experiences add weight to the message he is delivering. The presentation dispels the myths about prison life adding to the reasons for kids to avoid getting into crime. 7-10 pupils are the ideal age group for this message and how peer pressure can affect peoples decisions.

NAME: SIMON BAKER

PROFESSION/ROLE: TEACHER

EMAIL/CONTACT: s.baker@abbey.kent.sch.uk

ORGANISATION: The Abbey school Faversham

DATE: 9/11/12

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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Excellent - well done!

NAME: Yvonne Wood

PROFESSION/ROLE: Kingdom Keys / Director

EMAIL/CONTACT: yvonne@kingdom-keys.org.uk

ORGANISATION: Kingdom Keys

DATE: 27/7/12

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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- Comments on any scope for supporting Reform Restore Respect or working together in partnership

Stimulating and constructive, has given me food for thought. Continue and grow.

NAME: *Nic Nicholls*

PROFESSION/ROLE: *CARATS PROJECT WORKER*

EMAIL/CONTACT: *MICHAEL.NICHOLLS01@hmps.gsi.gov.uk*

ORGANISATION: *EAST SUTTON PARK CARATS CRJ*

DATE: *27/7/2012*

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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Really enjoyed the presentation.

I work & have worked with Young People in prison and feel that this would be a good tool for them as well. I agree and like the message that mind set is part of a process that needs to be changed for themselves to move forward.

NAME: Lesley Wood

PROFESSION/ROLE: Careers Adviser

EMAIL/CONTACT: lesley.wood@hmps.ssi.co.uk

ORGANISATION: National Careers Service

DATE: 27/7/12

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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I echo the comments about too much focus on Gang Culture but most of what was discussed would be relevant to Kent/local schools. I feel this can be extremely useful with more focus on lower level crime as well: ASB/theft/drugs - outside of the inner city environment

NAME: John Brooker

PROFESSION/ROLE: Schools Liaison/Education

EMAIL/CONTACT: john.brooker@kent.pnn.police.uk

ORGANISATION: Kent Police

DATE: 27/7/12

Reform Restore Respect Professionals Service Quality & Feedback Questionnaire

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- Comments on any scope for supporting Reform Restore Respect or working together in partnership

If I can help fund more of these prison based sessions, please call me.

NAME: *Erin*

PROFESSION/ROLE:

EMAIL/CONTACT:

ORGANISATION: *Rest People Trust*

DATE:

Reform Restore Respect School Tutor Pack

Workshop:

Young people

Date/s:

18th May 2012

Facilitator:

F. Osei -Appiah

Tutor Feedback (Your feedback is vital for us in continuing our services for your students)

as:

- Issues, concerns and risks declared by the young people/students
- Issues regarding client policy, procedures and control measures to assist the organisation
- Issues, changes and problem areas relating to the delivery of this workshop
- General feedback of the workshop and presentation from Presenter

Speakers were able to completely captivate and focus the students; very clear message delivered by engaging and sincere speakers. A very valuable lesson.

A Avey.



Reform Restore Respect

Helping to reform, restore and gain respect for young adults...

Incident / Issues Reports

as:

- Thought-provoked issues, complaints, appeals or referrals
- Any learning opportunities for Reform Restore Respect
- Any specific incidents, issues or occurrences that require specific follow up and/or recording

EYP/RRR Tutor Pack

Workshop:

Date/s: 19/3/12

Facilitators: Francis Osei & Joe Morris

Tutor Feedback

Such as:

- Issues, concerns and risks declared by the young people/students
- Issues regarding client policy, procedures and control measures to assist the organisation
- Issues, changes and problem areas relating to the delivery of this workshop
- General feedback of the workshop and presentation from tutors

The three workshops were delivered in an engaging & professional way. Students & staff enjoyed the relaxed atmosphere & were able to ask questions freely. The guests that came with the facilitators were very open, knowledgeable & approachable and were a great addition to the sessions. Thank you for your openness & enthusiasm with the students. Would love to have some of your guys come in to do some 1:1 peer mentoring.

Incident / Issues Reports

Such as

- Thought-provoked issues, complaints, appeals or referrals
- Any learning opportunities for EYP and RRR
- Any specific incidents, issues or occurrences that require specific follow up and/or recording

The group I accompanied for the day found the running order for the sessions to be good - Francis, then Chris, then Karen - this format worked well. It would be good to build some interactive pieces into the workshop to help students really experience some of the issues. e.g. them wearing the uniform, experiencing the size of a cell, taking phones away for the day etc.